# HIGHLIGHTS SENIORS UNITED – JUNE 2014

Our meeting will be held on **Wednesday, June 11, 2014** at **12:00 noon** at the **Clark County Library** located at **1401 E Flamingo Road**. Our

speaker & lunch (Capriotti's) sponsor is **Commissioner Tom Collins** and **Farron Bernhardt**, Director of Operations Assisted Living Facilities Nevada Hand and **David Karel** with important Medicare Update. **We will not be holding meetings during the months of July and August. Our next meeting will be Wednesday, September 10, 2014.** 

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## **JUNE 2014**

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(702) 737-3497

FLAG DAY

**JUNE 14, 2014** You're a grand old flag, You're a high flying flag And forever in peace may you

George M. Cohan

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**TREASURER** 

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Carol Burgeson

email: travelburgeson@yahoo.com

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Elaine Seigel

**Call Doris Balducci for more** information about dues at 732-4366 or email at dmbalducci@yahoo.com. Thank you.

**ESTABLISHED BY JULIAN AND LILIAN WALLACE** Seniors United was created as an inspirational medium for seniors. It's

SENIORS UNITED CREED

purpose is to educate, promote and protect the rights of seniors.

The needs of seniors differ from younger citizens. It is important to have an organization devoted to our place in the community and to promote it's continued growth.

The members of Seniors United want to share experiences with others. Nonpartisan and nonsectarian, we are very actively involved in the political structure of our state and country. Forums are varied to benefit the needs of the community and to discuss political issues. Guest speakers come from all areas.

It is with pride that we are seniors and are doubly proud to be members of Seniors United. The pride continues in our many accomplishments and in the good name we have established in the community. Our goal is to develop plans for a great tomorrow and to make it happen.

Everyone is welcome, young to old and from every walk of life.

**JUNE 2014** 

#### SENIORS UNITED MEANS SENIOR POWER

A monthly publication of Seniors United. A nonprofit organization serving thousands of senior citizens.

# \*\*\*\*\*Important Medicare Update\*\*\*\*\* From David Karel

The biggest issue in Medicare right now is regarding **Hospital Inpatient vs Observation**. It has affected over a million people last year and is growing. It can cost a Medicare beneficiary lots of money if they need Skilled Rehab and now end up having to pay the whole bill because Medicare did not cover because they where in the hospital **"Under Observation"** 

Most Medicare people are unaware of this so David will be at our June meeting to reach out to people and inform them on how to protect themselves from these costs coming out of their pocketbook.

It is that time of year when outdoor temperatures start to rise and the hot summer days will be with us for several months. Here are some tips on keeping your place cool.

- Make sure that your air conditioner has been serviced and ready to work overtime to keep you cool.
- Keep your windows covered so that the hot sun can't shine in. Focus on the south and west facing windows.
- Keep the air moving in your home with ceiling or oscillating fans. This allows you to keep your air conditioner at a little higher temperature but have the same level of comfort.
- Avoid heating up the oven and stove by cooking outdoors if possible. If you have don't have access to outdoor cooking, keep your stove use to a minimum by having salads and sandwiches.
- If you ever changed a light bulb you know how hot it can get. Keep those little heaters turned off and your home will be much cooler.

Most of all, Enjoy your summer and be safe.

**Tips taken from: Keeping the House Cool... Lessons From a Desert Dweller** By Ashley

# \*\*\*\*\*REMINDER\*\*\*\*

Time to renew your membership. Please renew your membership either by mail or at the September meeting. Membership dues are listed on the back page.

Seniors United 1155 East Twain Suite #108-177 Las Vegas, NV 89169

Seniors United – APPLICATION FOR MEMBERSHIP		
Date:		Phone:
email address:		
Name:		
Address:		
City:	State:	_ Zip:
\$10.00 per year per person (expiration date is one year from application date) \$15.00 per year per couple \$150.00 per year Corporate/Silver Members		

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